

# Elvina Bay Circuit

## 2 hrs 30 mins 4.5 km Circuit

Hard track

This walk takes you down to an isolated waterside community, where you can amble along, looking at homes and a historic Grave Site. From Elvina Track Car Park, the vegetation changes from scrubby bush to she oak and large eucalyptus as you decend to the waters edge. The walking is mostly along a management trail, however the return trip follows a narrow track. Side trips include an aboriginal engraving site, a 25m waterfall and a few other view points. Please remember you are visiting a small community please respect the privacy of the local people.

Ku-ring-gai Chase National Park

### **Aboriginal Engraving Rock Platform**

On the northern end of the rock platform are rock carvings of an emu, large fish and a giant whale. Further to the south, the rock platform contains rock carvings of shields, wallabies, fish, eels, and other shapes that are not easily classified. The entire rock platform appears to have a rare erosional feature called tessellation. This occurs over many thousands of years, resulting in a rock surface that is eroding at different rates, creating divot holes and depressions. More info.

### **Elvina Bay Park**

Elvina Bay Park is located on the western shores of the Pittwater, with views out to Elvina Bay and Scotland Island. A good place to stop and rest, Elvina Bay park has two park benches, grassy areas and a great rope swing. There is also a public jetty and ferry wharf. Elvina Bay has a bush fire brigade building and notably this area encountered the 1994 bush fires . (No drinking water or public toilets are available here). <u>More info.</u>

### **Lovett Bay Waterfall**

This waterfall is a 25m single fall waterfall, which falls onto large rocks and sand at its base. The waterfall is set in moist bush, with ferns and moss surrounding it. This waterfall is a good place to sit on a hot day. (Be careful while climbing down and up the large rocks, if accessing the base of the waterfall). <u>More info.</u>

### **Fredericks Grave**

Frederick's Grave is the grave site of Frederick Oliver. This grave site consists of a sandstone head stone and foot stone. The Olivers made their home in the area, cutting valuable timber and establishing an orchard. This grave of one of their children, Frederick, who was accidentally killed in 1867. More info.

### **Lovetts Bay Viewpoint**

This unfenced viewpoint offers fabulous views of much of the Pittwater and surrounding area, including Lovetts Bay to the north, Scotland Island to the east and Bayview to the south. There are significant steep drops and a large chasm at the viewpoint - care should be taken.

### **Before You walk**

Bushwalking is fun and a wonderful way to enjoy our natural places. Sometimes things go bad, with a bit of planning you can increase your chance of having an ejoyable and safer walk. Before setting off on your walk check

- 1) Weather Forecast (BOM Metropolitan District)
- 2) Fire Dangers (Greater Sydney Region)
- 3) Park Alerts (Ku-ring-gai Chase National Park)

4) Research the walk to check your party has the skills, fitness and equipment required

5) Agree to stay as a group and not leave anyone to walk solo

### Think before you TREK

The 'Think before you TREK' program developed by NSW Police & NPWS promotes the benefits of planning ahead for your bushwalking trip by using an easy to remember acronym:

- **T** Take adequate supplies of food, water, navigation and first aid equipment.
- $\mathbf{R}$  Register your planned route and tell friends and family when you expect to return.
- Emergency beacon (PLB's) should be carried on walks with
- significant gaps in mobile coverage (check terrain profile).
- **K** Keep to your planned route and follow the map and walking trails.

### **Topo Maps**

The maps provided on wildwalks are helpful, but there are times where you may need maps covering a broader area. Maps that cover this walk include;

1:25 000 Map Series:91301S MONA VALE

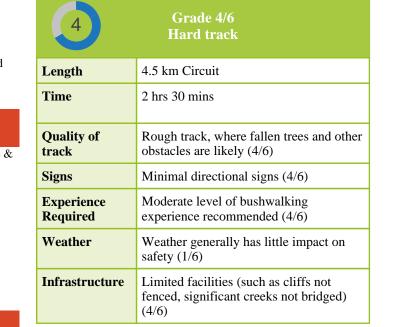
1:40 000 Map Series:CMA Ku-ring-gai Chase National Park Tourist Map

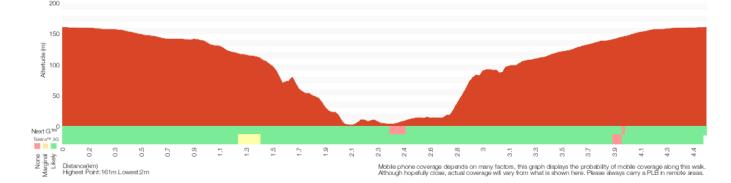
ourist Map

1:100 000 Map Series:9130 SYDNEY



This walk has been graded using the AS 2156.1-2001. The overall grade of the walk is dertermined by the highest classification along the whole track.





#### Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walks overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience. loss or injury you may experience. Please take care, have fun - Happy Walking.

**Getting there** Traveling by car is the only practical way to get to Elvina Track carpark (gps: -33.6433, 151.2621). Car: A park entry fee is required for driving into the park.

This is a circuit, so you will finish back at the start.

Find up to date and more information inlcuding; travel directions, weather, park closures and walker feedback at  $\frac{http://wild.tl/z}{http://wild.tl/z}$ 

#### 0 | Elvina Track carpark

(160 m 3 mins) From Elvina Track car park (on West Head Rd, 1.3km north of General San Martin Dr), this walk follows the management trail around the 'Elvina Track' locked gate, then past the 'Elvina Track' map sign (on the left). This walk continues along the management trail tending right through the scrubby bush. About 70m after leaving the locked gate, the walk comes to an intersection with a narrow track (on your right).

#### 0.16 | Optional sidetrip to Rock Platform

(90 m 2 mins) Turn right: From the intersection, this walk leaves the management trail and heads slightly uphill along the narrow track through low heath. After about 50m, the track leads right at a faint Y-intersection and soon comes to the northern edge of a large rock platform. Upon reaching the rock platform, there is a small eucalyptus on your right and further left there is an engraving of an emu. At the end of this side trip, retrace your steps back to the main walk then Turn right.

#### 0.16 | Aboriginal Engraving Rock Platform

On the northern end of the rock platform are rock carvings of an emu, large fish and a giant whale. Further to the south, the rock platform contains rock carvings of shields, wallabies, fish, eels, and other shapes that are not easily classified. The entire rock platform appears to have a rare erosional feature called tessellation. This occurs over many thousands of years, resulting in a rock surface that is eroding at different rates, creating divot holes and depressions. More info.

#### 0.16 | Int of Elvina and Engravings Tracks

(130 m 2 mins) Continue straight: From the intersection, this walk heads east following the management trail gently downhill, while keeping the lower heath on your right. After about 45m, the trail leads over a water bar (hump) then comes to an intersection with a faint track on the left. This faint track looks like a water course and is marked with a cairn.

#### 0.29 | Int of Elvina and Fredericks Tracks

(1.7 km 34 mins) Continue straight: From the intersection, this walk follows the management trail east, soon tending left, then leading gently downhill over a number of water bars. The trail levels out after about 200m, giving distant views of the ocean (on your right). This walk continues for a further 400m to find more distant views of the ocean (on the left). Here the walk turns sharply to the right, narrows and steepens for 500m with a noticeable change in vegetation. The vegetation changes from small scrubby eucalyptus to she oak and larger eucalyptus. The trail then comes to a yellow painted steel post (on the left) with distant water views (to the left). Here the trail is concreted for about 110m, as the trail steepens, winding down through two switch backs. From here the dirt trail continues moderately steeply down over

several dirt humps to come to a T-intersection with power lines overhead and directly ahead a house and ocean views.

#### 1.96 | Int of Elvina Track and Wirringulla Avenue

(410 m 9 mins) Turn left: From the intersection, this walk follows the management trail that heads gently downhill, keeping the power lines and water to your right. The trail continues amongst houses and bush for about 400m to come to an intersection with a footpath (on your right). From here you can see an open grassy area and rope swing down to the right.

#### 2.38 | Elvina Bay Park

Elvina Bay Park is located on the western shores of the Pittwater, with views out to Elvina Bay and Scotland Island. A good place to stop and rest, Elvina Bay park has two park benches, grassy areas and a great rope swing. There is also a public jetty and ferry wharf. Elvina Bay has a bush fire brigade building and notably this area encountered the 1994 bush fires . (No drinking water or public toilets are available here). More info.

#### 2.38 | Top of Elvina Bay Park

(350 m 7 mins) Continue straight: From the intersection, this walk follows the management trail downhill, passing a wide trail (on the right) and crossing a culverted creek after about 25m. This walk continues to follow the trail past houses to the left and right for about 170m, before crossing another culverted creek. This walk then tends right, moderately uphill for about 120m (with ocean views to the right) before leveling out and passing a green electricity box (on the right). This walk continues for about 15m to the intersection with a faint track on the left (opposite the German-looking white house and concrete electricity pole).

#### 2.72 | Optional sidetrip to Waterfall

(530 m 15 mins) Continue straight: From the intersection, this walk follows the management trail downhill, keeping the houses on your right. This walk follows the trail, passing a side trail (on the right) after about 40m, continuing left and gently uphill. This walk follows the trail for about 30m to a Y-intersection, continuing left and moderately steeply uphill (keeping power lines to the right). This walk continues along the narrowing trail for about 280m (with views of houses and Lovetts Bay on the right), until coming to the end of the management trail (where there is a narrow track ahead and a 'No Dogs' sign).

Continue straight: From the end of the management trail, this walk follows the narrow track, keeping the hill to the left (with branches and rocks over the track). This walk continues along the track for about 180m, until coming to the waterfall, where a short scramble is required to climb down to the waterfall. At the end of this side trip, retrace your steps back to the main walk then Turn right.

#### 2.72 | Lovett Bay Waterfall

This waterfall is a 25m single fall waterfall, which falls onto large rocks and sand at its base. The waterfall is set in moist bush, with ferns and moss surrounding it. This waterfall is a good place to sit on a hot day. (Be careful while climbing down and up the large rocks, if accessing the base of the waterfall). <u>More info.</u>

#### 2.72 | Int of Wirringulla Avenue and Fredericks Track

(20 m 1 mins) Turn left : From the intersection, this walk follows a track uphill for about 10m, (away from the concrete pole and houses) before coming to Fredericks Grave.

#### 2.74 | Fredericks Grave

Frederick's Grave is the grave site of Frederick Oliver. This grave site consists of a sandstone head stone and foot stone. The Olivers made their

home in the area, cutting valuable timber and establishing an orchard. This grave of one of their children, Frederick, who was accidentally killed in 1867. <u>More info.</u>

#### 2.74 | Fredericks Grave

(*310 m 13 mins*) Continue straight: From Frederick's Grave, this walk follows the track up the moderately steep hill for about 190m, keeping left at a small rock wall. This walk continues up for about 110m, keeping the hill on the right, until leveling out at a T-intersection and small rock wall.

#### 3.05 | Optional sidetrip to Lovetts Bay Viewpoint

(110  $m^2$  mins) Turn right: From the intersection, this walk follows the track east and slightly uphill initially, where the track levels out, while swishing through grass trees(and passing a television aerial) for about 100m. The track then continues for about 20m to find an unfenced cliff and viewpoint. At the end of this side trip, retrace your steps back to the main walk then Turn right.

#### 3.05 | Lovetts Bay Viewpoint

This unfenced viewpoint offers fabulous views of much of the Pittwater and surrounding area, including Lovetts Bay to the north, Scotland Island to the east and Bayview to the south. There are significant steep drops and a large chasm at the viewpoint - care should be taken.

#### 3.05 | Int of Fredericks and Grasstree Tracks

(*110 m 3 mins*) Continue straight: From the intersection, this walk follows the track west and slightly uphill for about 40m to a Y-intersection (to the right is an unfenced lookout). This walk continues to the left, following the track west for about 70m, until coming to a Y-intersection (with an eroded track leading gently down to the right, to Lovetts Pool).

#### 3.16 | Optional sidetrip to Lovett Pools

(170 m 4 mins) Turn right: From the intersection, this walk follows the eroded track north-west gently downhill. The track leads directly away from the large angophora trees through the dense banksia forest. After about 150m, the track leads to a small creek bed on a large sandstone platform. (Another faint track leads further downstream on the south side of the creek and visits the pools). Be aware of the many unfenced and slippery cliff edges. At the end of this side trip, retrace your steps back to the main walk then Turn right.

#### 3.16 | Lovett Pools

Lovett Pools is the informal name for a lovely set of water holes and cascades at the top of a cliff, above Lovett Bay. The unnamed creek works its way along a sandstone platform forming a couple of larger pools and a series of cascades. There are also many smaller carved holes in the rock, adding interest for the budding geologists. The creek flows over a large cliff forming a tall waterfall just before the Pittwater. The rocks are slippery and there are many cliff edges, please take care.

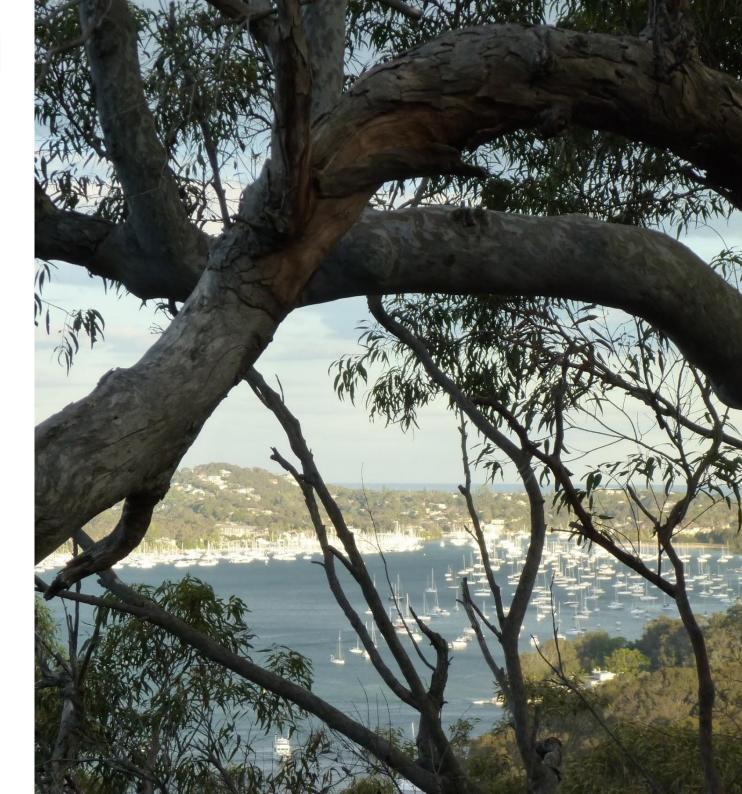
#### 3.16 | Int of Fredericks and Lovetts Pool Tracks

(1.4 km 27 mins) Continue straight: From the intersection, this walk follows the eroded track west and gently uphill over exposed roots. This walk continues along the track through scrubby bush, passing a large heath clearing after about 430m (on the left). This walk then continues to follow the track for about 500m, until coming to a T-intersection with a management trail.

Turn right: From the intersection, this walk follows the management trail gently uphill and over a water bar (hump), while keeping the lower heath to the left. After about 45m, the trail comes to an intersection with a faint track on the left.

Continue straight: From the intersection, this walk follows the management trail, while keeping the taller heath on your right. The management trail tends

left through the scrubby bush then heads around the locked gate to find the 'Elvina Track' car park (on West Head Rd, 1.3km north of General San Martin Dr).





## Summary navigation sheet for the Elvina Bay Circuit



km	From	Up/Dwn	Length	Initial directions (Use full tracknotes and maps for more detail) WildWalks
0.00	Elvina Track carpark -33.6433,151.2621 (GR Mona Vale, 388760)	0 -1	160 m 3 mins	From Elvina Track car park (on West Head Rd, 1.3km north of General San Martin Dr), this walk follows the management trail around the 'Elvina Track' locked gate, then past the 'Elvina Track' map sign (on the left).
0.16	Int of Elvina and Engravings Tracks -33.6431,151.2638 (GR Mona Vale, 390761)	2 0	90 m 2 mins	Optional sidetrip to Rock Platform. Turn right: From the intersection, this walk leaves the management trail and heads slightly uphill along the narrow track through low heath.
0.16	Int of Elvina and Engravings Tracks -33.6431,151.2638 (GR Mona Vale, 390761)	0 -2	130 m 2 mins	Continue straight: From the intersection, this walk heads east following the management trail gently downhill, while keeping the lower heath on your right.
0.29	Int of Elvina and Fredericks Tracks -33.6429,151.2652 (GR Mona Vale, 391761)	16 -151	1.7 km 34 mins	Continue straight: From the intersection, this walk follows the management trail east, soon tending left, then leading gently downhill over a number of water bars.
1.96	Int of Elvina Track and Wirringulla Avenue -33.6415,151.2798 (GR Mona Vale, 405763)	14 -34	410 m 9 mins	Turn left: From the intersection, this walk follows the management trail that heads gently downhill, keeping the power lines and water to your right.
2.38	Top of Elvina Bay Park -33.6396,151.2772 (GR Mona Vale, 402765)	15 -6	350 m 7 mins	Continue straight: From the intersection, this walk follows the management trail downhill, passing a wide trail (on the right) and crossing a culverted creek after about 25m.
2.72	Int of Wirringulla Avenue and Fredericks Track -33.6373,151.2773 (GR Mona Vale, 402767)	65 -23	530 m 15 mins	Optional sidetrip to Waterfall. Continue straight: From the intersection, this walk follows the management trail downhill, keeping the houses on your right.
2.72	Int of Wirringulla Avenue and Fredericks Track -33.6373,151.2773 (GR Mona Vale, 402767)	4 0	20 m 1 mins	Turn left : From the intersection, this walk follows a track uphill for about 10m, (away from the concrete pole and houses) before coming to Fredericks Grave.
2.74	Fredericks Grave -33.6373,151.2771 (GR Mona Vale, 402767)	78 -4	310 m 13 mins	Continue straight: From Frederick's Grave, this walk follows the track up the moderately steep hill for about 190m, keeping left at a small rock wall.
3.05	Int of Fredericks and Grasstree Tracks -33.637,151.2741 (GR Mona Vale, 399768)	0 -12	110 m 2 mins	Optional sidetrip to Lovetts Bay Viewpoint. Turn right: From the intersection, this walk follows the track east and slightly uphill initially, where the track levels out, while swishing through grass trees(and passing a television aerial) for about 100m.
3.05	Int of Fredericks and Grasstree Tracks -33.637,151.2741 (GR Mona Vale, 399768)	12 -5	110 m 3 mins	Continue straight: From the intersection, this walk follows the track west and slightly uphill for about 40m to a Y-intersection (to the right is an unfenced lookout).
3.16	Int of Fredericks and Lovetts Pool Tracks -33.6368,151.273 (GR Mona Vale, 398768)	7 -6	170 m 4 mins	Optional sidetrip to Lovett Pools. Turn right: From the intersection, this walk follows the eroded track north- west gently downhill.
3.16	Int of Fredericks and Lovetts Pool Tracks -33.6368,151.273 (GR Mona Vale, 398768)	62 0	1.4 km 27 mins	Continue straight: From the intersection, this walk follows the eroded track west and gently uphill over exposed roots.